

# Monitoring the Consequences of Obesity

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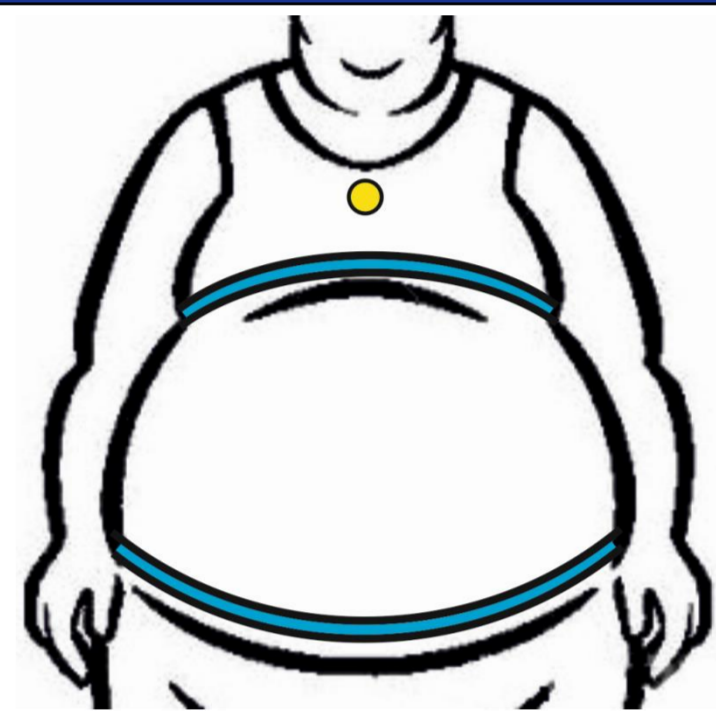
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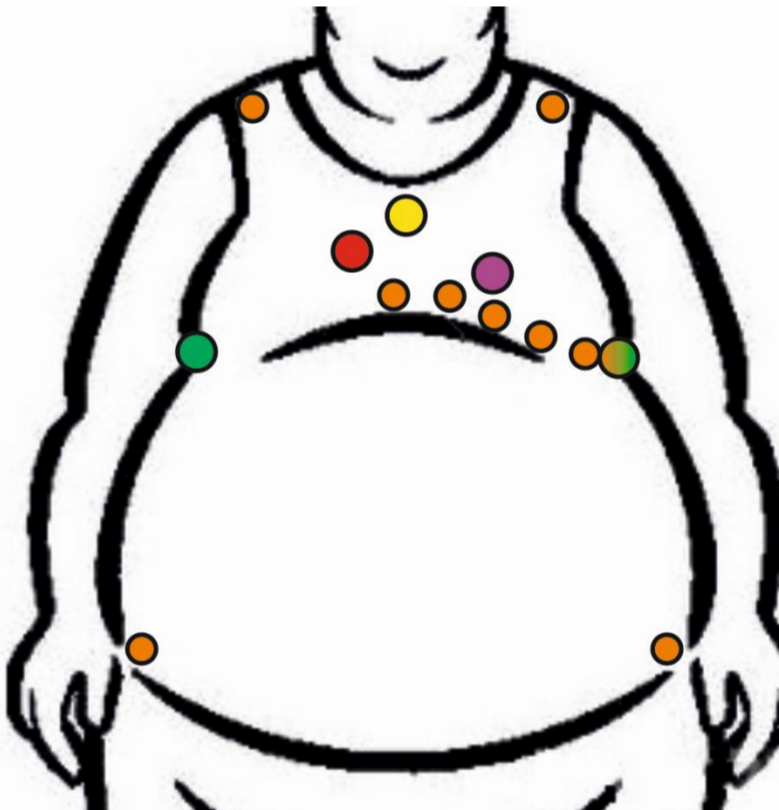
## - Summary -

The goal of the ObeSense project is to combine **innovative and non-invasive sensors** into **single monitoring systems** dedicated to the **management of obese patients**. The proposed **advanced multi-parametric diagnostic tools** are adapted for clinical as well as ambulatory environments in order to improve **patient life quality** and **reduce important health costs** related to late prognostics.

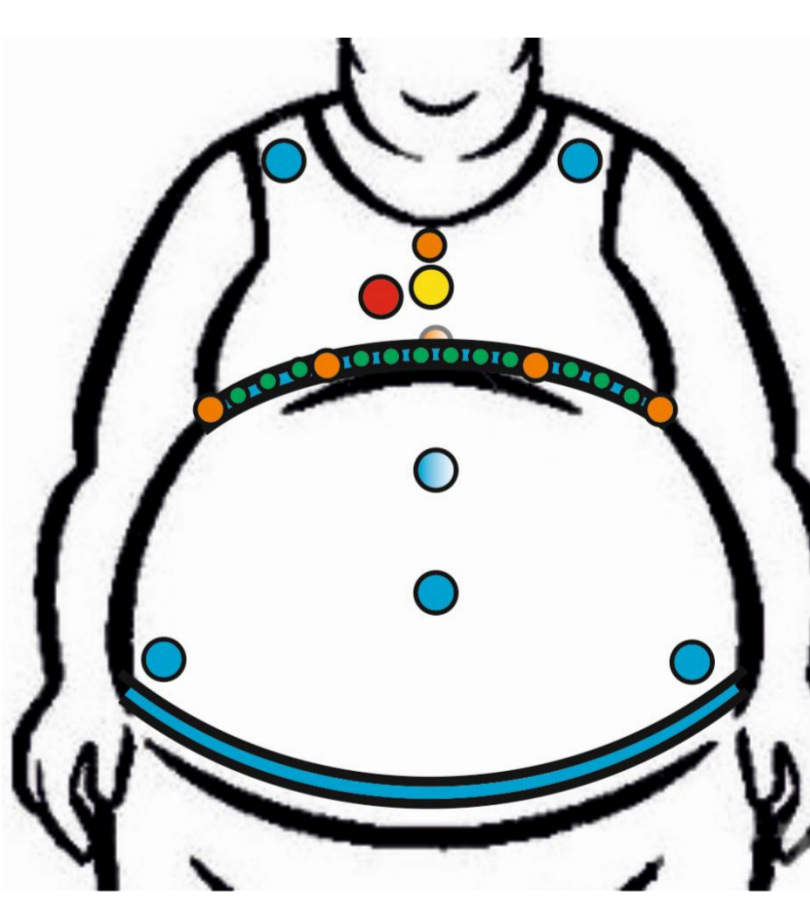
### SCENARIO 1 - Lifestyle intervention

Measurements	Proposed techniques	Added values versus SOTA	Sensors location
Respiratory rate and volume	Pressure sensors (plastic optical fibers)	- Comfortable over long periods - Low-cost	 <ul style="list-style-type: none"> <li>● 3D accelerometers (body motion)</li> <li>■ Optic fibers (respiratory volume and rate)</li> </ul>
Body motion	3D accelerometers	- Non-occlusive long-term monitoring	
<b>Analysis</b>		<b>Added values versus SOTA</b>	
Body metabolism		- Provides accurate and embedded energy expenditure estimates (MET) - Innovative approach for body metabolism studies (ex.: anaerobic threshold detection)	

### SCENARIO 2 - Hospitalization monitoring

Measurements	Proposed techniques	Added values versus SOTA	Sensors location
Clinical ECG	10 textile electrodes	- Allergy-free - Reduce motion artifacts - Washable	 <ul style="list-style-type: none"> <li>● 10 dry electrodes (standard 12-lead electrocardiogram)</li> <li>● 3D accelerometers (body motion)</li> <li>● Pulse oxymeter (photoplethysmogram)</li> <li>● Microphone (phonocardiogram)</li> <li>● 2 dry electrodes (Impedance-cardiogram, 1 also used for ECG)</li> </ul>
	Designed embedded system	- Long-term monitoring (ultra-low-power consumption, local on-board processing, wireless communications)	
	3D accelerometers	- Produce ECG quality index	
Blood pressure	Central pulse wave velocity approach	- Non-invasive and non-occlusive continuous monitoring	
<b>Analysis</b>		<b>Added values versus SOTA</b>	
Heart rate and rhythm		- Automatic arrhythmia detector	
Cardiovascular autonomic neuropathy		- Non-invasive detection based on ECG signals	
Blood pressure variability		- Accurate continuous blood pressure estimates	

### SCENARIO 3 - Ambulatory monitoring

Measurements	Proposed techniques	Added values versus SOTA	Sensors location
Ambulatory ECG	6 textile electrodes	- Allergy-free - Reduce motion artifacts - Washable	 <ul style="list-style-type: none"> <li>● 3D accelerometers (body motion)</li> <li>■ Optic fibers (respiratory volume and rate)</li> <li>● Pulse oxymeter (photoplethysmogram)</li> <li>● Near infrared spectroscopy sensors</li> <li>● 32 dry electrodes (Impedance-cardiogram used for EIT)</li> </ul>
	Designed embedded system	- Long-term monitoring (ultra-low-power consumption, local on-board processing, wireless communications)	
	3D accelerometers	- Produce ECG quality index	
Cardiac output	Electrical impedance tomography	- Non-invasive continuous monitoring	
	Pulse contour	- Non-invasive low-cost continuous monitoring	
Respiratory rate and volume	Pressure sensors (plastic optimal fibers)	- Comfortable over long periods - Low-cost	
Energy expenditure	Oxygen consumption (pulse oximeter and NIR spectroscopy)	- Non-invasive continuous monitoring - Equals the gold standard method	
<b>Analysis</b>		<b>Added values versus SOTA</b>	
Heart rate and rhythm		- Automatic arrhythmia detector - Automatic detection of ischemic and congestive heart failure events - Correlation between dyspnea and low cardiac output, arrhythmias or ischemic events	
Body metabolism		- Provide accurate energy expenditure estimate (Fick-based) and provide innovative approach for body metabolism studies	

## - Technological novelties -

“Smart” wireless body area network platforms with **ultra-low power** consumption, wearable and washable **clinical ECG** systems, innovative embedded **detectors of cardiac arrhythmias**, **blood pressure** monitoring integrated in a smart-textile t-shirt, pioneering **non-invasive cardiac output** monitoring, **long-term energy expenditure** estimates via **Fick-based approaches** or **low-cost accurate optical fibers** and subsequent.