

Biomechanical Model of the Human Anal Sphincter Complex

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Introduction

- **Fecal incontinence (FI)** describes the state of **involuntary loss of bowel content**. This includes flatus, mucus, liquid or solid feces.
- FI affects about 45% of retirement home residents and overall more than 12% of the adult population.
- Severe fecal incontinence can be treated by the implantation of an artificial sphincter.
- Tissue erosion, atrophy, infections or device malfunctions lead to long-term re-operation rates of 95% and definitive ex-plantation rates of 40%. This suggests that implants currently available on the market fail to reestablish continence on the long run.
- The **development of a new implant** reproducing the capabilities of the natural sphincter is needed.
- A prerequisite for a **biomimetic implant design** is the **availability of the anatomy and the biomechanical parameters** of the human anal sphincter complex.
- **These parameters are not available in literature and are therefore assessed via a clinical study on healthy volunteers. Subsequently, this data serves as starting point for the development of the targeted biomechanical model.**

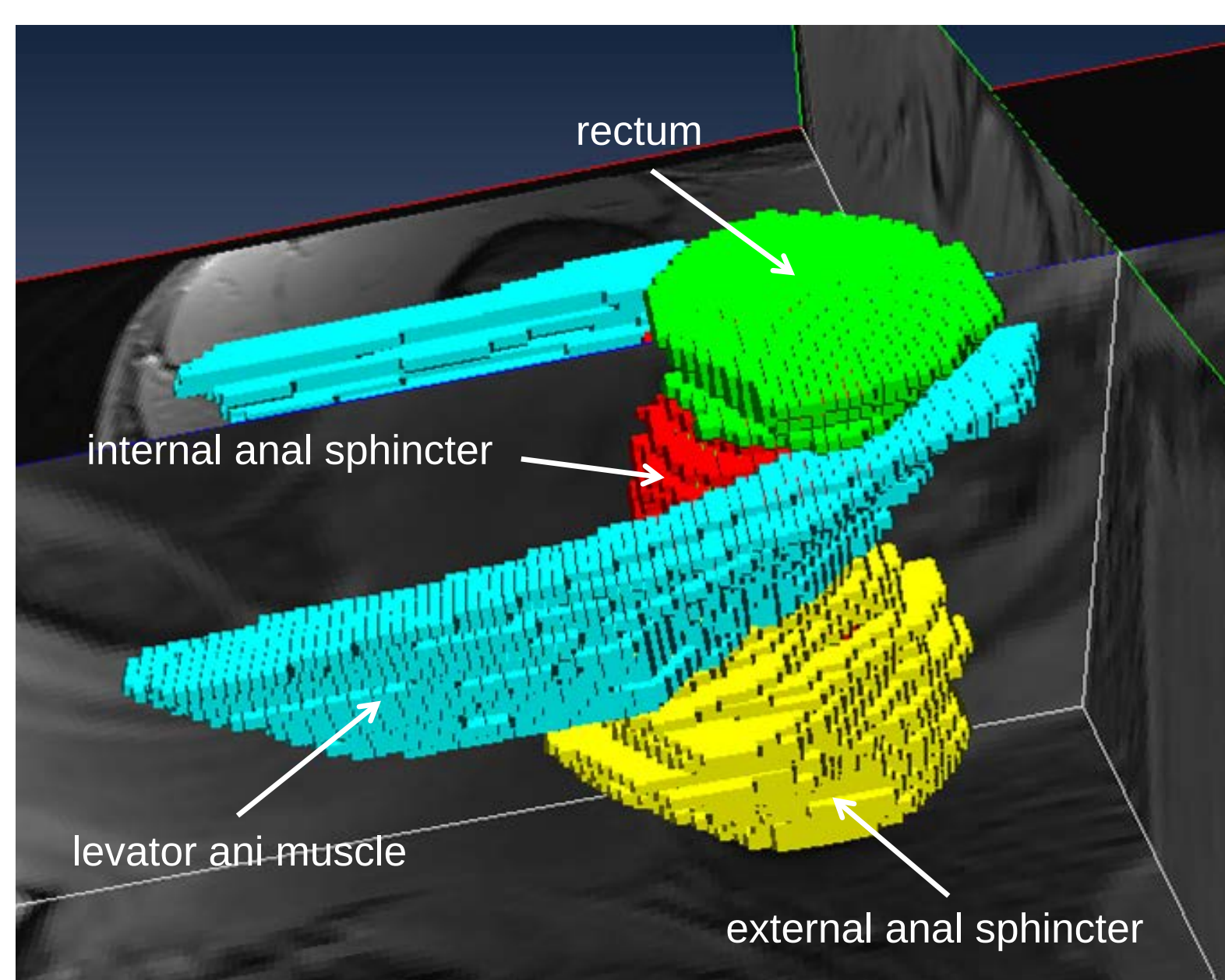
Hypothesis / Method

Human Continence Organ = Internal Anal Sphincter + External Anal Sphincter + Levator Ani Muscle

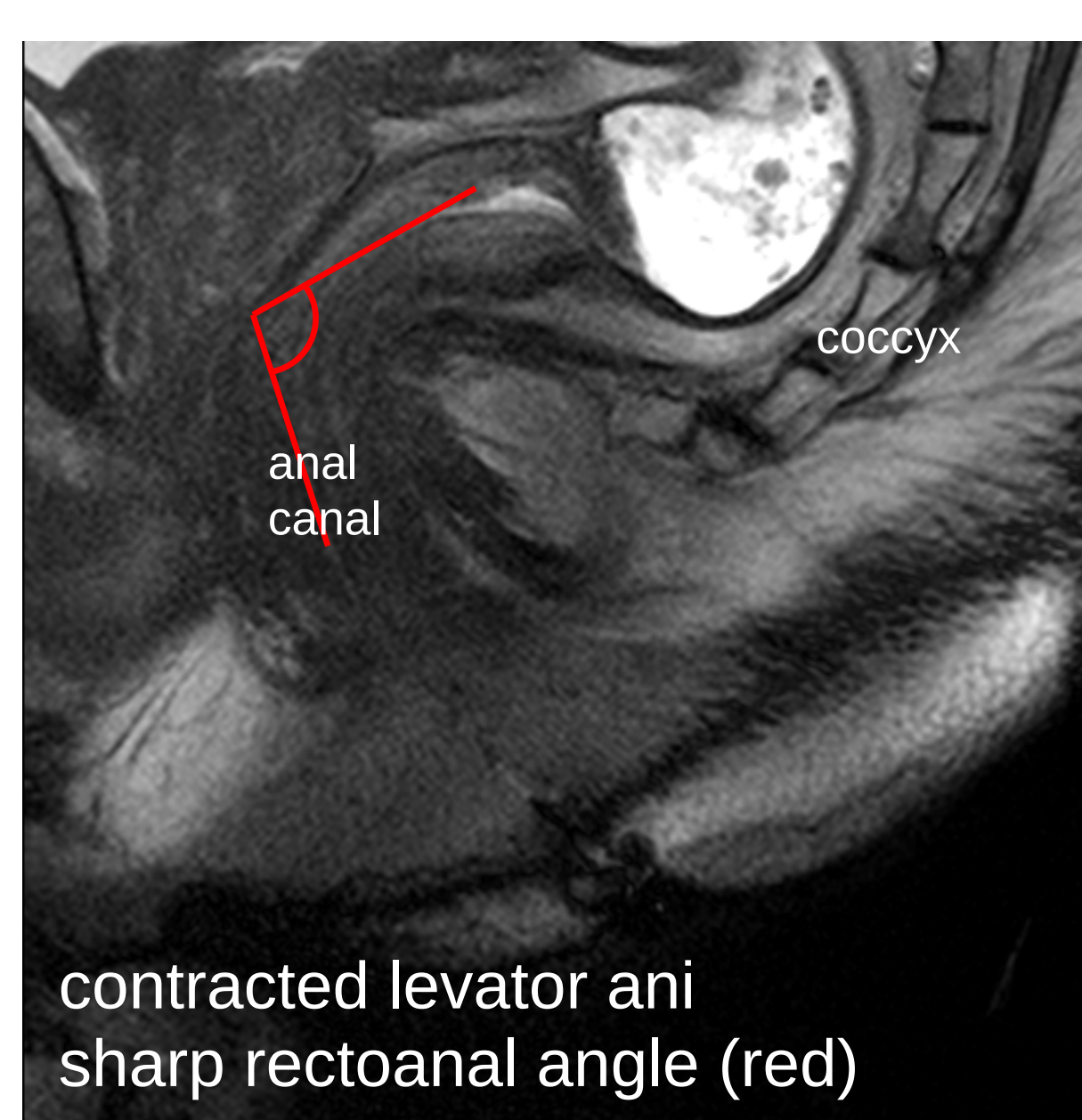
- The **morphology** will be approached via **magnet resonance (MR)** and **ultra sound (US)**.
- The active **mechanical properties** will be extracted via **high-resolution anorectal manometry (HRAM)**, the passive compliance parameters, on the other hand, with the help of a **functional luminal imaging probe (FLIP)**.
- **MR**: provides an image of the complete pelvic floor with a spatial resolution in the mm range.
- **Rectoanal MR-coil**: provides sub-mm resolution with the drawback of a limited penetration depth.
- **US**: provides sub mm resolution but is accompanied by low contrast and a narrow penetration depth.
- **HRAM**: measures the pressure while the probe diameter is fixed.
- **FLIP**: measures the diameter of the anal orifice at different heights via impedance planimetry.

Clinical Study / Results

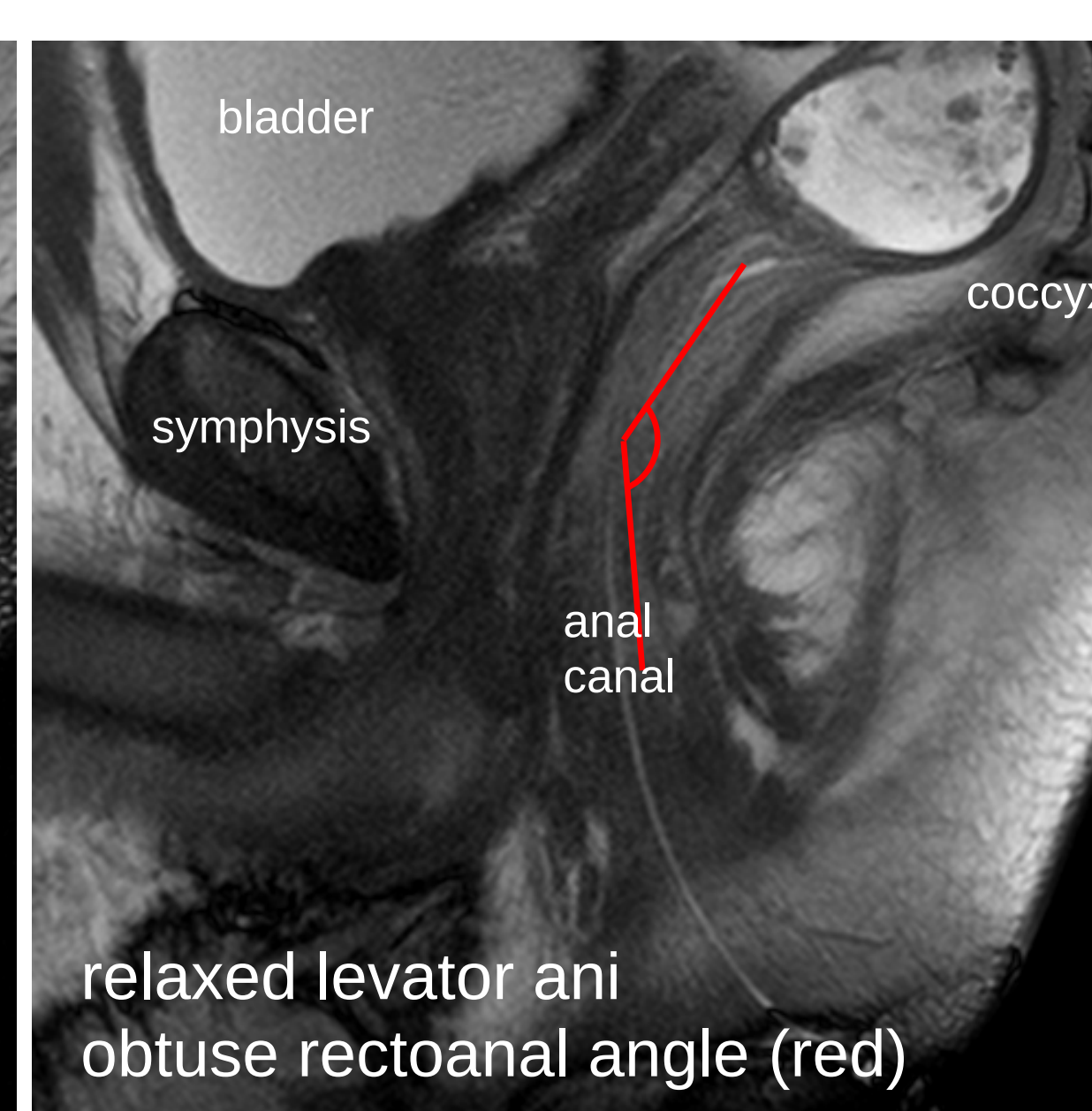
- The clinical study on twenty healthy volunteers (10 women, 10 men) is currently running at the University Hospital of Bern.
- The last patient, aged 60 years or older and with a BMI between 20 and 30, is planned to be measured by the end of August 2015.



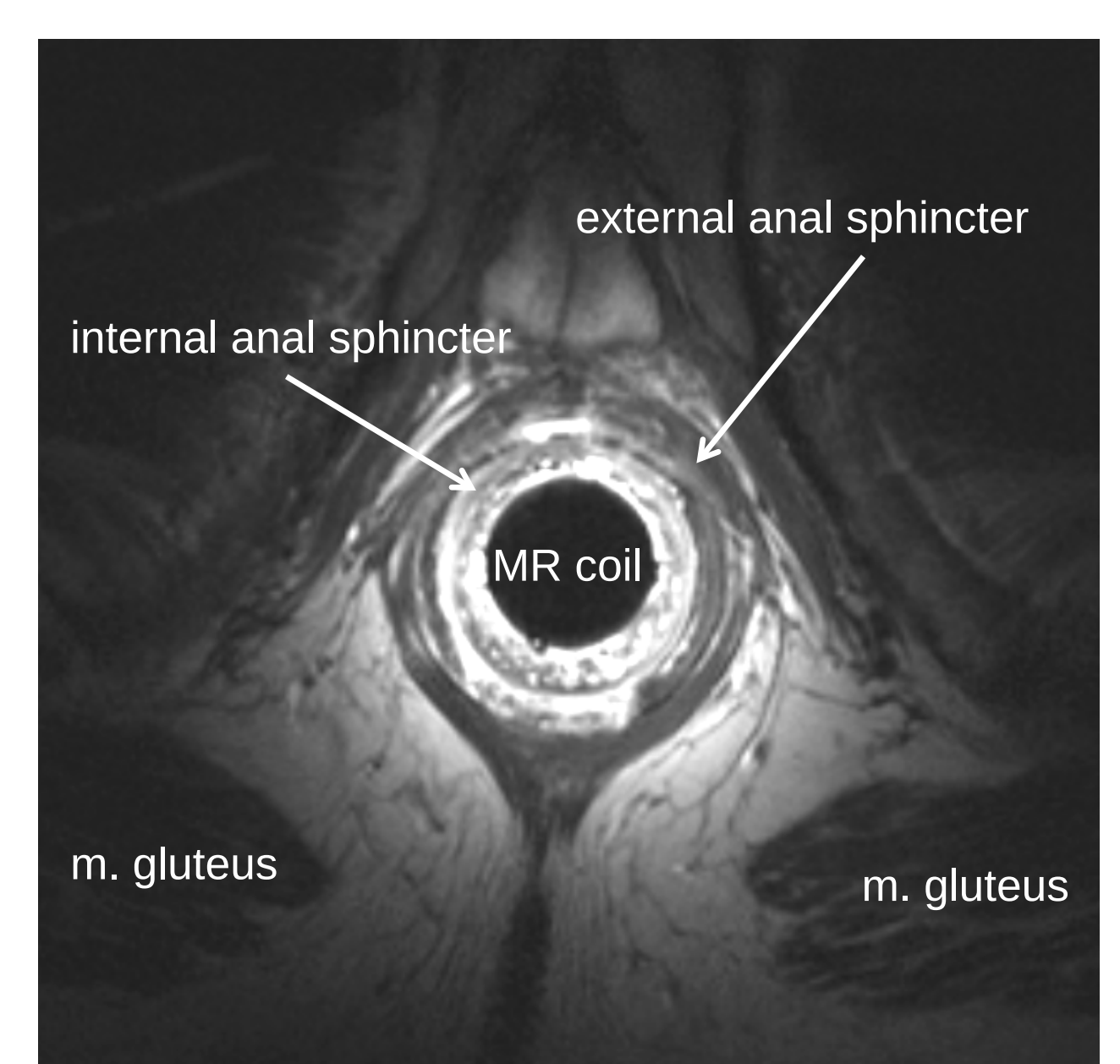
3D reconstruction of the anal sphincter complex. T1-weighted image with a voxel size of 1x1x1mm³.



Medial sagittal slice (defecography) of the human pelvic floor. T2-weighted defecography (4D) MR-image with a pixel size of 0.3x0.3mm².



relaxed levator ani obtuse rectoanal angle (red)



Axial T2-weighted rectoanal MR-coil image with a pixel size of 0.5x0.5mm².

Conclusion / Next Steps

- The preliminary morphological data analysis suggests that the **desired structures**, namely the internal anal sphincter, the external anal sphincter, and the levator ani, **can be extracted**. This data will be used to build a statistical shape model (SSM).
- The **assessment** of the required active and passive **mechanical properties** of the sphincter muscles is **possible** via HRAM and FLIP. In combination with the SSM the underlying biomechanical model will be established.
- The **movement**, caused by the contraction of the **levator ani muscle**, is **trackable**.
- It is **planned** to have the **clinical study extended onto patients** suffering from FI, adding the clinical component to the project.